



With Two Oars: Reflections on Sculling

William B. Irvine

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WITH TWO OARS explores the art and science of sculling. Written with intermediate and advancedintermediate rowers in mind, it addresses questions any thoughtful rower will want answered, including these: What is boat set, and why is it important? Who is smarter, rowers or their oars? How can you avoid splashing at the catch? How can you row "with your ears"? Where should your foot stretchers be set? What role does hydrodynamic lift play in sculling? Should your hands be symmetrical at the catch? Why should strong rowers care about form?



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