



Get In Shape For Your Leadership Brand: Seven Leadership Muscles To Develop To Transform Yourself Into A Person Of Influence (CHANGE LANE: MAKE SOMETHING HAPPEN AND LEAVE A LEGACY) (Volume 1)

Dr Akin Oparison

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Finally, a book on leadership that goes beyond clichés, soundbites and frustrating motherhood statements. The monotonous landscape of leadership education can do with this unique and refreshing perspective. A rare perspective from someone who honed his leadership insights in a very successful global career spanning over 30 years that took him to live and work in seven countries on four continents over this period and rising to senior executive positions with regional responsibilities spanning multiple countries. This is a career uniquely fashioned by the context of always being a minority in senior executive teams as well leadership competencies shaped by this; at every stage learning how leadership strengths that got him to particular points in his career were becoming his leadership vulnerabilities that had to be addressed. All of these rich insights are generously shared with real-life stories in this book. This is a books that shows you how to bring out the leader in you; leadership that cause people who work with you to get up every morning, excited to join you to achieve something that they perceive as meaningful and valuable for all concerned. It is about honing your influence that cause people to very readily release discretionary effort to address issues that come up in the course of achieving together and most importantly realize how their individual outcomes ignite each other's success. It is book on how to cause people to release their potential and turn ordinary people into extraordinary stars through influence and thereby build a lasting legacy. It is a practical coaching guide with real life illustrations of how to transform yourself into a leader with influence, emphasizing competencies for emotional intelligence, self-awareness, effective leadership behaviors and developing successful talent. You are unique though; the person we know best how to be is yourself. You can read about others and even get to understand what they did to be successful as effective leaders. But then, you cannot remain who you are and act your way to successfully becoming a leader like them. You must transform yourself. This book tells you how. I dare you, go on, accept responsibility for who you are. Transform yourself to become the leaders you are capable of being. You already have what it takes within you. Cause others to transform, create leaders as only leaders can and leave a legacy; but you have to transform first, so get on with it!

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