



# Easy Almond Flour Recipes: A Decadent Gluten-Free, Low-Carb Alternative To Wheat (The Easy Recipe Series)

*Scarlett Aphra*

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## **Easy Almond Flour Recipes: A Decadent Gluten-Free, Low-Carb Alternative To Wheat (The Easy Recipe Series)** Scarlett Aphra

You've been hearing more about almond flour lately, haven't you? Us too. As we grow more health-conscious, we continue to find new, healthier ingredients to cook our favourite recipes with. In this case, almond flour is the grain-free diet friendly alternative to wheat flour. You can bake lots of your old favourites with almond flour. That being said, cooking with almond flour comes with it's own set of challenges. This book will teach you the proper ways of cooking delicious, healthy dishes with almond flour.

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