



Making Groceries: A story of Creole Cooking from a Creole family

Ursula T. Rochon

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"Making Groceries" - Makin' Groceries is a New Orleans term that, simply put, means going to the grocery store to buy or purchase groceries. Ask any stranger what they think of when you mention "New Orleans" and more often than not "the food" is the first thing that they rave about. Making Groceries is just the beginning of the journey though... to really experience the food means experiencing the meaning behind the food. Many of these recipes were shared during family get-together's and special events where everyone brings their best dish. As you browse through the pictures and short stories you fall in love with food, family, and friends. This is not your "generic" variety cookbook...this is a legacy of love, and cultural expression, passed down through generations, that choose to defy the limits of recipes or ethnicity.



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