



# Eat It And Beat It: Getting Over Autism

*Jane Casey*

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# Eat It And Beat It: Getting Over Autism

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## **Eat It And Beat It: Getting Over Autism** Jane Casey

This book, aimed at helping families recover from autism, is written by the proud mother of two recovered, thirteen-year-old, twin boys. This book tells stories about the road to recovery and maps out one families' path to health (using specific dietary research and spiritual guidance).

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