



Alchemy of Love and Lust: Discover Our Sex Hormones & Determinewho We Lov CST

Theresa L. Crenshaw

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Are you in charge of your love life?

If you think so, you're wrong -- hormones control our sex drives *and* direct our love lives. In *The Alchemy of Love and Lust*, Dr. Theresa Crenshaw, a renowned sex therapist and researcher, unmaskes the hidden agendas of our hormones as we progress through different sexual stages -- from adolescence through old age.

Along with well-known hormones, Dr. Crenshaw introduces lesser known but potent influences that make up our "sex soup." The effects of these chemicals working together and individually offer insight into some compelling issues:

- Do people become addicted to one another through scent and touch?
- Can we determine our romantic destinies by altering our hormonal profiles?

Romantics needn't worry that science will eliminate the mystery of attraction. To the contrary, this program helps us discover romance, rekindle it, and keep it alive. Filled with often surprising information, *The Alchemy of Love and Lust* explains the effects of our sex hormones and gives us specific, practical suggestions on how to monitor them.

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Cynthia Medina:

Spent a free time and energy to be fun activity to do! A lot of people spent their free time with their family, or all their friends. Usually they carrying out activity like watching television, likely to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Could possibly be reading a book may be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the book untitled Alchemy of Love and Lust: Discover Our Sex Hormones & Determinewho We Lov CST can be excellent book to read. May be it can be best activity to you.

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