



# The Key to Life: Living In Full Expression

*Jim Phillips*

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## **The Key to Life: Living In Full Expression** Jim Phillips

When you are inspired to do something, whatever it is in you that calls to be expressed, answer the call. Be bold; cross the threshold into uncertainty with the joyous anticipation that you are in fact stepping into your magnificence, and that whatever results will benefit you and others, otherwise you would not have been inspired in the first place.

Life is fluid. Life flows whether we are in flow with it or not, just as water continues to flow over and around a boulder that would resist its flow. In the end it is the boulder that surrenders to the persistence of the water that would wear it away. And so it is with us, we eventually surrender to the persistence of life and come to accept all it offers.

Surrender is not about giving up, it is giving in. It is giving in to the magnificence of what can be, the magnificence of all that we are, the magnificence of Self. Our boulders in life are the limiting thoughts and beliefs we hold about our Self. Regardless of how much we resist what life is offering, life will eventually wear down our limiting beliefs, not causing us to throw our hands in the air in surrender, but to raise our hands in victory as we accept that life always has and always will offer what we need for the grandest experience and expression of Self.

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