



# Sound Medicine: The Complete Guide to Healing with the Human Voice [With Audio CD]

*Wayne Perry*

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**Sound Medicine: The Complete Guide to Healing with the Human Voice [With Audio CD]** Wayne Perry

"*Sound Medicine* is a very thoughtful and well-researched explanation of the rationale and methodology of using vocal skills to heal the mind and body. What Wayne Perry's book and life work give us is an opportunity to vision a future where healing through energy will eventually become as common as pills and surgery. As soon as the Food and Drug Administration figures out how to regulate the human voice and as soon as the pharmaceutical industry finds how to profit from our self-healing use of overtone vowels, then no doubt that Wayne Perry's ideas will be come as common as mom and apple pie. So, while you are waiting for these momentous changes, do yourself a favor and "get the book." If you are a hypnotist, hypnotherapist, psychologist, psychotherapist, or any other profession which uses their voice as a healing tool, your self and other healing skills will be quickly enhanced by the understanding and application of Wayne Perry's methods of using the human voice."

--Tim Brunson DCH, International Hypnosis Research Institute

We live in a world of sound, frequency, and vibration. Even our bodies are vibrational. In fact, the human voice is the most natural, organic, and unique vibrational instrument available. As such, the power of the human voice can be harnessed to heal the body. While several books have been written on vibrational healing, vocal practices and toning, *Sound Medicine: The Complete Guide to Healing with the Human Voice* is the first book to focus on specific ways in which the voice can be used by anyone--healers and non-healers alike--as a safe, enjoyable and effective tool to heal not just the body, but the emotions, mind, and spirit.

Discover the natural vibrations, overtones, and harmonics within the human voice, and you can develop its innate therapeutic capabilities. In this extraordinary book, you will learn how to use your voice:

- \* To enhance health and wellness.
- \* For personal empowerment by identifying your own unique vibrational pattern and signature frequency.
- \* To free the body from stress, pain, and vibrational toxicity.
- \* To consciously create and sustain the magnetic attraction of chemistry and compatibility in personal relationships.
- \* As a subtle energy diagnostic or dowsing tool to measure and evaluate healthy and non-healthy energies, frequencies, and vibrations.

*Sound Medicine* will show you a vast array of sound healing principles, secrets, easy-to-learn techniques, and useful tips--including 48 empowering exercises. Also included is a clear and useful audio CD that explains and demonstrates the key exercises in the book.

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