



Fix Your Gut: A Book Dedicated to "Fixing" All Your Digestive Ailments and Concerns

John Brisson

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Are you suffering from heartburn?

Burping a lot?

Does your embarrassing flatulence clear out a room?

Find out the real causes of all of these medical issues and more and learn how to "Fix Your Gut."

There is an average of seventy million Americans diagnosed with digestive disorders every year. More Americans are rushing to their doctors to treat conditions like heartburn, gas, GERD, SIBO, IBS, ulcerative colitis, and Crohn's disease.

More digestive diseases and problems are being discovered every day.

The most concerning aspect of all these conditions is that science and natural medicine are way ahead of the curve in relieving all of these problems. Most people only rely on conventional medicine, which is great for emergency procedures, and life threatening conditions, but does not always offer what is needed for the prevention of disease.

In every medical community, there should be a balance of natural and conventional medicine. Everyone needs to be given the information required to make their own decisions not only for treatment options, but to develop habits that will keep them healthy.

One of the best ways to improve your health is to change your diet and optimize your digestive system to enhance total body function. An ideal digestive system eliminates toxins, governs the immune system, absorbs nutrients properly, provides peak mental health, and ultimately makes it possible to get the most out of life.

Finally, there is a book dedicated to "fixing" all your digestive ailments and concerns.

In this e-book, you will explore and learn everything you need to know about optimal digestive health.

In Fix Your Gut You Will Discover:

How Your Digestive System Really Works

Tips to Improve Digestive Health

Probiotic Guide and Information (All Different Flora and Their Uses)

Supplement Brand Recommendations (Quality Matters)

Buying Supplements Online and Locally

Protocols for Most Digestive Diseases (GERD, LERD, SIBO, Gastritis, Gastroparesis, IBS, IBD, Esophageal

Motility Disorders)

Protocols for Colon Cleansing and Parasite Elimination

Protocols for Constipation, Diarrhea, and Food Poisoning

Protocols to treat Candida, H. pylori, and C. diff Infections

The True Cause of Ulcerative Colitis and Crohn's Disease

Information on Different Diets and How They Affect Your Digestive Health

Gastrointestinal Cancer General Information and Alternative Treatments

Information on Antibiotics and Medicines Used To Treat Digestive Diseases

Information On Digestive Diagnostic Procedures

It's time to take back your digestive health!

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Bryan Lopez:

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Bessie Starns:

Is it you who having spare time after that spend it whole day by simply watching television programs or just laying on the bed? Do you need something new? This Fix Your Gut: A Book Dedicated to "Fixing" All Your Digestive Ailments and Concerns can be the respond to, oh how comes? A fresh book you know. You are consequently out of date, spending your spare time by reading in this new era is common not a geek activity. So what these ebooks have than the others?

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