



Somewhere I Have Never Travelled: The Hero's Journey

Thomas Van Nortwick

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The ancient hero's quest for glory offers metaphors for our own struggles to reach personal integrity and wholeness. In this compelling book, Van Nortwick traces the heroic journeys in three seminal works of ancient epic poetry, *The Epic of Gilgamesh*, Homer's *Iliad*, and Virgil's *Aeneid*. In particular, he focuses on the relationship of the hero to one or more second selves, or alter egos, showing how the poems address central truths about the cost of heroic self-assertion: that the pursuit of glory can lead to alienation from one's own deepest self, and that spiritual wholeness can only be achieved by confronting what appears, at first, to be the very negation of that self. With his unique combination of literary, psychological, and spiritual insights, Van Nortwick demonstrates the relevance of ancient literature to enduring human problems and to contemporary issues.

Somewhere I Have never Travelled will interest anyone who wishes to explore the roots of human behavior and the relationship between life and art.

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