



# How To Be Funny: The Essential Comedy Handbook

*Darryl Littleton*

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Ever wonder why funny people win? Funny guys get the girl. Funny teachers get the awards from students. Voters like politicians that can make them laugh. People who can bring a smile to our faces fare better in life than those who do not. We gravitate to these personalities because they make us feel good even when they're delivering bad news. Some say it's a gift, but is it? True, there are people who are born funny. Whatever they say seems to always get a laugh. However, that doesn't mean they know how to hone this ability. They're natural born comedians, but that isn't any guarantee that they're going to go into the field of comedy. That requires more than just being funny. Professional comedians have to have resilience, perseverance, massive egos, unmitigated gall and the unquenchable desire to show off their gift. The fact they are funny is merely incidental, but it's also a pre-requisite for the job. The question is how really funny do you have to be to be funny enough to reap the rewards of a developed sense of humor? All walks of life can benefit from getting laughs. • Sales People • Lawyers • Politicians • MCs • Telemarketers • Bail Bondsmen • Beauticians • Dentists • Office Managers • Authors / Speakers • Newscasters • Columnists • Bloggers • Clergymen • Motivational Speakers • Tattoo Artists • And of course comedians

The number one fear of most people is speaking in front of an audience. It's right up there above death. That's because people fear rejection. Funny people don't share this fear. Funny people have something to say and so why would you reject them? Funny people are more afraid of dying than talking. This handbook will teach anybody the tools to be funny. If you're a comedian the contents are indispensable. You'll not only refine an act you can take anywhere, but learn the techniques to make adjustments when needed and maximize the tools in your arsenal to brand yourself as a multi-talented performer able to work in a multitude of situations. You'll also learn the invaluable lessons of once you've attained your success, how to maintain your success. If you're amongst the multitude of other non-comedic professions this book is your secret weapon. Your sales will increase. Your congregation will be more attentive. Your employees will be more motivated and nobody will quite know why they like you more. You'll be using the same techniques and mindset of professional laugh creators and finding how much easier your endeavors will become. You can even use the methods in your personal life. Want to nip an impending argument in the bud? Say something funny. Need to talk your way out of a traffic ticket? Make the cop snicker. Going to the DMV? Well, not even a joke can eradicate you from that hell, but you get the drift. Making others happier than before you showed up is the key to navigating through life with greater success. Not only will you get immediate perks; laughing gives the priceless gift of better health. Ever notice that most comedians live to be a ripe old age if they don't take themselves out? You'll look better, feel better and view the world through renewed eyes. Problems that plague the average person mean nothing to funny people because they know how to talk their way out of it. They'll get the right person to laugh. I've been a professional comedian in a career that currently spans over four decades. Throughout my career I've worked as a stand up, comedy actor, producer of comedy, voice-over artist, author of comedy books, promoter of comedy shows, writer for over 100 comedians, interviewer for comedy documentaries, columnist for comedy magazines and I sit on the advisory board of the Comedy Hall of Fame as a comedy historian. I've helped others feed their families and attain comfortable lifestyles through the art of laughter and I'm certain these pages will assist you.

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