



# **Anna Freud: A View of Development, Disturbance and Therapeutic Techniques (Makers of Modern Psychotherapy)**

*Rose Edgcumbe*

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Anna Freud, daughter of Sigmund, made many original contributions to psychoanalytic theory and child development, and yet much of her work remains relatively unknown.

In this book, Rose Edgcumbe seeks to redress the situation. Taking a fresh look at Anna Freud's theories and techniques from a clinical and critical viewpoint, and the controversy they caused, she highlights how Anna Freud's work is still relevant and important to the problems of today's society, such as dysfunctional families, child delinquency and violence. It also plays a vital role in recent developments in therapeutic techniques.

Written by a former student and co-worker of Anna Freud, this book will make useful reading for clinicians and students of child development.

Rose Edgcumbe is a member of the Association of Child Psychotherapists and the British Psychoanalytic Society. Since training with Anna Freud at the Hampstead Clinic she has worked there in many capacities in treatment, training and research, and in other clinics. She has published numerous papers on child analysis, including a memorial paper: Anna Freud: Child Analyst.

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