



Insomnia: A Subliminal Persuasion/Self-Hypnosis

Barrie L. Konicov

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This Self Hypnosis Subliminal Persuasion **Insomnia** cassettes have made a huge difference in individuals who have trouble falling asleep and/or staying asleep. Barrie can assist you in reprogramming your subconscious mind to sleep soundly through the night, enjoy peaceful dreams and wake at the time you specify. Elimination of **Insomnia** is a base benefit of all Subliminal Self Help programs. Begin your new sleep life tonight, and enjoy sound sleep.

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