



## **The Salmon Recipes: Stories of Our Endangered North Coast Cuisine**

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From time immemorial, wild salmon have nourished the people of the Pacific Northwest, forming an integral part of the region's distinctive heritage and culture. *The Salmon Recipes* invites you to a sumptuous, visual feast drawn from the culinary practices and rich experience of the people of the North Coast, woven into a stunning full-color photographic essay. Mouthwatering recipes showcasing both time-honored and modern artisanal food skills share the page with an eclectic tapestry of captivating voices featuring such luminaries as Susan Musgrave and Robert Davidson.

Ranging from rare, traditional salmon preparation techniques to avant-garde, subtly flavored seafood experiments, the recipes in this collection include:

- Cedar Planked Salmon Topped with Dungeness Crab
- Baked White Fish with Pine Nut, Parmesan, and Basil Pesto Crust
- Steamed Salmon with Huckleberries
- Pan Seared Honey Glazed Salmon with Browned Butter Lime Sauce

Just as the salmon returns year after year to renew the North Coast and its people, you will return time and time again to sample the pages of this beautiful book with its unique insights into the area's culture, wildlife, and rich ecosystems. Profits from *The Salmon Recipes* will go towards ensuring that British Columbia's coastal waters remain tanker free.

**Luanne Roth** is a longtime North Coast resident, commercial fisher, and marine director of Prince Rupert Environmental Society and their Save our Skeena Salmon campaigns. She has a passion for high-quality seafood and the small-scale fishing culture that produces it.

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