



The Copper Bay Cookbook: Recipes from the Queen Charlotte Islands

Maria Ernst

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In this book, the author shares 120 of her recipes, developed exclusively for her guests at the Copper Bay Lodge in the Queen Charlotte Islands. Owned and operated by Maria and her husband Walter, the lodge is tucked away on beautiful Moresby Island and each year entertains visitors from all over the world, as well as local travellers. Maria has spent more than twenty years developing her unique cooking style - an irresistible combination of her rich European culinary heritage and the fresh fish, game and produce that thrive on BC's rugged west coast. There are recipes for all courses, from Smoked Steelhead Canapés to Rabbit Casserole to Copper Bay Coleslaw to Linzertorte. Special tips and island anecdotes abound.

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