



# **NCAC I and II Exam Secrets Study Guide: NCAC Test Review for the National Certified Addiction Counselor Exams, Levels I and II**

*NCAC Exam Secrets Test Prep Team*

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**\*\*\*Includes Practice Test Questions\*\*\***

**Get the test prep help you need to be successful on the NCAC I and II test.**

The NCAC I and II Exam is extremely challenging and thorough test preparation is essential for success. *NCAC I and II Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the NCAC I and II Exam.

Not only does it provide a comprehensive guide to the NCAC I and II Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

*NCAC I and II Exam Secrets Study Guide* includes:

- A thorough overview of the NCAC I and II Exam
- A guide to pharmacology of psychoactive substances
- An in-depth look at counseling practice
- A breakdown theoretical base of counseling
- An examination of professional issues
- Comprehensive practice questions with detailed answer explanations.

It's filled with the critical information you'll need in order to do well on the test: the concepts, procedures, principles, and vocabulary that the Reciprocity Consortium/Alcohol and Other Drug Abuse (IC& RC) expects you to have mastered before sitting for the exam.

**The Pharmacology of Psychoactive Substances section covers:**

- Relationship to addiction counseling
- Substance abuse vs. addiction vs. dependence
- Central nervous system depressants
- Cocaine
- Nicotine addiction
- Cannabinoids
- The recovery process

**The Counseling Practice section covers:**

- Client evaluations
- Counseling skills
- Special issues/populations
- Chronic illness and communicable diseases

**The Theoretical Base of Counseling section covers:**

- Addiction counseling
- Disease model and stages
- Family
- Learning theory approaches
- Psychoanalytic approaches

**The Professional Issues section covers:**

- Law and regulation
- Infectious diseases
- Ethics
- Research and outcome studies
- Gender issues in treatment success

These sections are full of specific and detailed information that will be key to passing the NCAC I and II Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

Any test prep guide is only as good as its practice questions and answers, and that's another area where our guide stands out. Our test designers have provided scores of test questions that will prepare you for what to expect on the actual NCAC I and II Exam. Each answer is explained in depth, in order to make the principles and reasoning behind it crystal clear.

We've helped thousands of people pass standardized tests and achieve their education and career goals. We've done this by setting high standards for our test preparation guides, and our *NCAC I and II Exam Secrets Study Guide* is no exception. It's an excellent investment in your future.

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